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EXPERIENCE

NURSE PRACTITIONER, PALLIATIVE CARE, AGAPE HEALTHCARE, GREENWOOD VILLAGE, COLORADO 2023

Provided care as a Nurse Practitioner for Palliative Care patients in the home health setting. This includes all aspects of palliative care including symptom management, goals of care discussions, and referrals to hospice.

NURSE PRACTITIONER, THE LITTLE CLINIC, WHEAT RIDGE COLORADO 2022 Provided care as a Nurse Practitioner in an urgent care setting run by Nurse Practitioners. I performed examinations, ordered diagnostic tests, and made diagnoses which I then treated or referred to a higher level of care. I also performed minor procedures.

NURSE PRACTITIONER, PALLIATIVE CARE, SKY RIDGE MEDICAL CENTER, LONE TREE, COLORADO 2018-2022

Provide care as a Nurse Practitioner for Palliative Care patients. This includes all aspects of palliative care including symptom management, goals of cafe discussions, referrals to community palliative and hospice providers, and end-of-life symptom management. I provide teaching for residents and NP students interested in palliative care. ALTO project champion. I am a subject matter expert for palliative care for the EMR support staff. I also was a preceptor for Residents and NP students.

NURSE PRACTITIONER, PRE-OPERATIVE TESTING, SKY RIDGE MEDICAL CENTER, LONE TREE, COLORADO 2018-2022 (INTERMITTENT)

Performed pre-operative history and physicals prior to elective surgeries. Interpreted diagnostic data and ordered further tests as indicated. I worked in collaboration with the surgeons on patients that did not meet the criteria for recommending surgery.

NURSE PRACTITIONER, SKY RIDGE MEDICAL CENTER, LONE TREE, COLORADO 2018-2022

Provide care as a Nurse Practitioner for post-operative orthopedic patients. This included pain management, monitoring for and treating complications. I worked to ensure seamless care from other specialties. I supported the nursing staff with complex care for orthopedic patients.

NURSING SUPERVISOR, SKY RIDGE MEDICAL CENTER, LONE TREE, COLORADO 2008-2010

As a nursing supervisor, I was responsible for minute to minute operations of the hospital. This included administrative presence after hours, staffing, matching patient load to available resources, patient and family complaints, emergency and special situations. I also provide the staff with clinical, policy, and procedural expertise as needed.

NURSE PRACTITIONER, ALTITUDE FAMILY AND INTERNAL MEDICINE LITTLETON. COLORADO 2009-2010

Provided care within the scope of practice for a family nurse practitioner at a family practice on the west side of Denver. Patients of all ages were evaluated and treated. Diagnostics were ordered, analyzed, and acted on. I made referrals to other providers and therapies. Therapies were initiated and monitored under the supervision of a physician.

RESOURCE NURSE, SKY RIDGE MEDICAL CENTER, LONE TREE, COLORADO 2008-2008

I provided assistance to staff RNs as requested by staff or directed by the nursing supervisor. Tasks typically included admission histories, medication histories, and procedures (IV's, critical transports within the hospital, etc). I also supported the nursing supervisor in special situations.

CARDIAC CARE MANAGER, EXEMPLA SAINT JOSEPH HOSPITAL, DENVER, COL-ORADO 2007-2008

Provide Care Manager functions from within Case Management Services for heart failure patients. These functions include systems analysis of care delivery for heart failure patients. Ensuring that core metrics were met for this patient population through chart review and interaction with staff and clinicians.

APPLICATION ANALYST / LEAD ANALYST, EXEMPLA HEALTHCARE DENVER, COLORADO 2005-2007

Provided first-line supervision for analysts working on orders components of EPIC (EMR) Physician liaison for computer provider order entry (CPOE). Worked as an analyst setting up orders and order sets for the inpatient setting. Performed analytical functions for software user interface, patient safety, the efficiency of the EMR system, and provider users. Provided user support for EPIC orders and clinical documentation applications.

ADMINISTRATIVE COORDINATOR, EXEMPLA LUTHERAN HOSPITAL WHEAT RIDGE, COLORADO 2003-2005

Functioned as a hospital nursing supervisor. Matched load to resources and controlled patient flow. I worked to ensure adequate staff for the hospital. I provided clinical, policy, and procedural expertise when needed. Also assisted staff by performing or assisting with difficult procedures. Provided immediate supervision and management of critical incidents within the hospital.

NURSING INSTRUCTOR, METRO STATE COLLEGE, DENVER, COLORADO 2004-2006

Provided baccalaureate-level instruction on healthcare informatics for BSN students. Selected textbook, designed curriculum, tests, and created audio-visual aids.

CLINICAL DIRECTOR, GILPIN COUNTY AMBULANCE CENTRAL CITY, COLORADO 2002-2003

Provided clinical training, supervision, and direction in a rural EMS system. Exploring opportunities for service development and delivery strategies. Performed other HR and operational management functions as well. Also functioned as a line paramedic. Also served as Gilpin County's alternate representative to the foothills RETAC.

CLINICAL NURSING MANAGER, CENTER SAINT ANTHONY HOSPITAL CENTRAL, DENVER, COLORADO 2001-2002

Managed short-stay telemetry and an ambulatory care unit in a level I trauma center. Performed all management activities including budget tasks, clinical and operational management, set clinical policies for units, and handled human resource issues. This was a new unit. I worked with upper management in creating a strategy for improving patient flow through the hospital using a short-stay concept and then put the strategy into operation.`

STAFF NURSE ED, CENTURA SAINT ANTHONY HOSPITAL CENTRAL, DENVER, COLORADO 1999-2001

Provide emergency patient care, and manage critically ill medical and trauma patients in a level one-trauma center. Responsible as both a primary nurse and as a team nurse handling all levels of acuity. Duties also include new employees orientation, and precepting student paramedics, and student nurses. Serve on the nurse practice advisory council advising the executive leadership on nursing practice issues.

LEAD PARAMEDIC INSTRUCTOR, CENTURA HEALTH, DENVER, COLORADO 1998-2001

Provide paramedic-level education in didactic, practical, and clinical settings. Create lectures from curriculum guidelines.

STAFF RN / SHIFT COORDINATOR CICU, EXEMPLA SAINT JOSEPH HOSPITAL, DENVER, COLORADO 1996-1999

Provided critical care to coronary intensive care patients in a 13-bed CICU. Functioned as a relief charge nurse as well. These activities included managing IABP, invasive monitoring, monitoring ventilators, and various IV drips. Provided computer support in the use of the point-of-care computer documentation system. Completed special projects as requested using PC applications to gather, analyze and present data. Exempla St. Joseph Hospital is a 425 (operated) bed tertiary care hospital in Denver, Colorado. I assisted in the implementation of a computerized documentation system.

EDUCATION

THE UNIVERSITY OF COLORADO, GRADUATE CERTIFICATE IN PALLIATIVE CARE 08/2017-05/2018

REGIS UNIVERSITY, DENVER, COLORADO - MASTERS DEGREE IN NURSING (MSN)

THE UNIVERSITY OF COLORADO, MASTERS DEGREE IN HEALTHCARE INFORMATICS (MS) 1999-2004

REGIS UNIVERSITY, DENVER, COLORADO - BACHELORS DEGREE IN NURSING (BSN)

UNIVERSITY OF KANSAS MEDICAL CENTER, KANSAS CITY, KANSAS - EMER-GENCY MOBILE INTENSIVE CARE TECHNICIAN (PARAMEDIC) CERTIFICATE